

West Coast Weekend

Cut through the rest of summer

WestCoast **Outdoors****Dave Norona**

www.noronalife.com

It was a glorious summer morning as Kim and I walked out on the Deep Cove government dock to meet Adam from Cove Watersports.

Kim and I were heading out to try Wake Surfing on their newest boat, a 210 Super Air Nautique, which was littered with wake boards and surfboards of every shape and size.

Cove Watersports has been operating its wakeboard school for five years and is now the largest wakeboard school in Western Canada.

Once in the water Adam handed me the 5'6" surfboard, which was flatter than a regular surfboard and it had a neoprene deck that allowed me to grip the surface without any straps. The rope was also a lot shorter than a wakeboard rope which means you are between 0-9 feet from the back of the boat.

On my third attempt I was up on the smooth glassy wave, cutting back



Kim Dues grins from ear to ear as she tears up the wave, wake surfing in Deep Cove with Cove Watersports. The best moment is when you find the sweet spot.

and forth. When you find the sweet spot you do not even need the rope. I instead choose to hang onto it as it allowed me to pull myself back into position when I got off the sweet spot.

The best part about wake surfing is that the

wipeouts are painless due to the slow speed of the boat. Summer is still here so check out Cove Watersports and head out with your friends, family and kids to enjoy an amazing day on the water. covewatersports.com.

Gear Guide



Hyperlite Landlock Board

Ride the surf with this awesome board from Hyperlite. Monocone construction, concave top deck for easy turning and an Eva pad to keep you on the board during those tricky maneuvers.

Price range: \$425

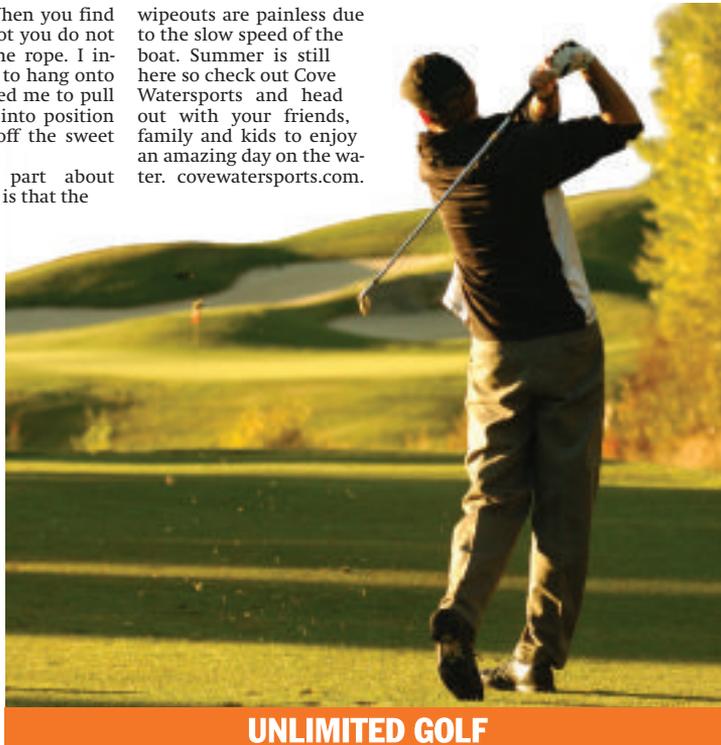
Where to find: committedboardshop.com

Xcel Method Impact Vest 427

Protect yourself while out on the water with Xcel's Method Impact Vest. High-impact foam that does not hold water, super lightweight, and segmented panels for maximum torso flex.

Price range: \$120

Where to find: xcelwetsuits.com



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concerts

FRI. 7:30 P.M. Brazilian band Yamandu Costa Trio plays live. At Vandusen Botanical Garden, 5251 Oak St. Tix: \$25.50-30.25. Info: vancouver.ca/parks.

FRI./SAT. 8 P.M. American singer, songwriter and guitarist Boz Scaggs performs live. At River Rock Show Theatre, 8811 River Rd. Tix: \$64.50-74.50. Info: riverrock.com.

SAT. 7 P.M. Drummer and guitarist The Pack A.D. play live. At Richard's on Richards, 1036 Richards St. Tix: \$10. Info: richardsonrichards.com.

SAT. 8 P.M. Jamaican band Byron Lee and the Dragonaires play live. At Commodore Ballroom, 868 Granville St. Tix: \$45. Info: livenation.com.

SAT. 8 P.M. Taiwanese percussion band Ju Percussion Group performs live. At Chan Centre for the Performing Arts, 6265 Crescent Rd. Tix: \$23.25-43.25. Info: chancentre.com.

SAT./SUN. 8 P.M. Rock singers Pat Benatar & Neil Giraldo perform live. At River Rock Show Theatre, 8811 River Rd. Tix: \$54.50-64.50. Info: riverrock.com.

SUN. 7 P.M. Reggae superstar Glen Washington performs live. At Serbian Cultural Centre, 7837 Canada way. Tix: \$30. Info: serbiancc.com.

clubs

FRI. 9 P.M. DJs Johanness Gerhard and Dani Savant spin progressive house. At Celebrities Night Club, 1022 Davie St. Tix: \$20. Info: celebritiesnightclub.com.

FRI. 9:30 P.M. DJs Relik, Remsta, Downlowe and Pluskratch perform sexy house, club, hip hop. At Plush Nightclub, 750 Pacific Blvd. Tix: \$12. Info: 604-669-8980.

FRI. 9:30 P.M. DJs Black Ace, Wax and MC Da Griff spin hip hop, R&B and reggae. At Fabric, 66 Water St. Tix: \$15-20. Info: fabricvancouver.com.